



2006 SMART BRFSS Data and Prevalence Tables & 2006 BRFSS Maps Now Available

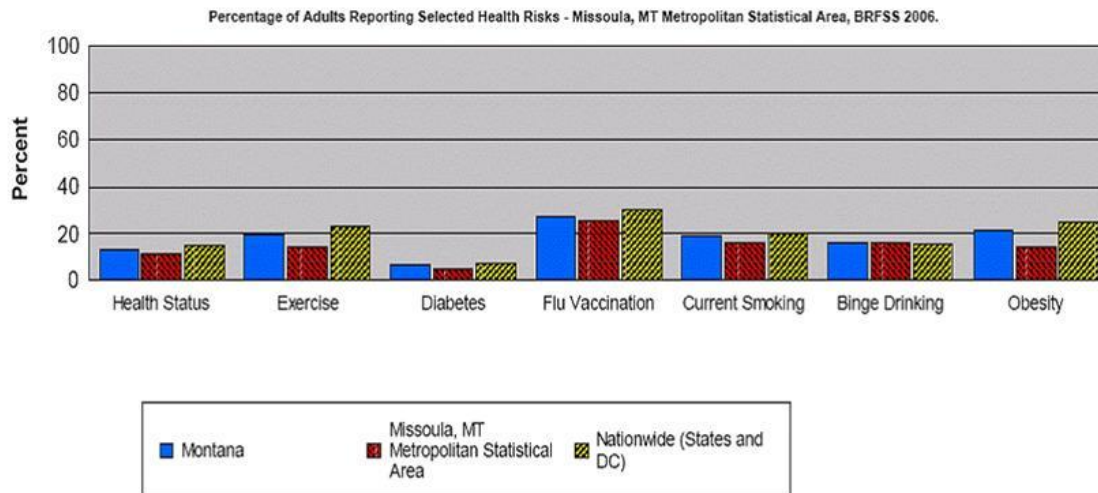
(SMART BRFSS: Selected Metropolitan/Micropolitan Area Risk Trends from the Behavioral Risk Factor Surveillance System)

- ❖ There are 6 additional MMSAs with data available for 2006, including **Great Falls, Montana; Kalispell, Montana; Missoula, Montana;** Hilton Head Island-Beaufort, South Carolina; Myrtle Beach-Conway-North Myrtle Beach, South Carolina; and Lubbock, Texas.
- ❖ The Web site includes the data sets and prevalence tables for MMSAs and counties, as well as pre-set Quick View charts which compare county, MMSA, and state data for seven select risk factors in an easy-to-print PDF format.
- ❖ BRFSS Maps is a system that allows users to visualize the prevalence estimates by looking at the entire country, region or state.

SMART BRFSS

(Selected Metropolitan/Micropolitan Area* Risk Trends from the Behavioral Risk Factor Surveillance System)

Missoula, MT Metropolitan Statistical Area



Survey Definitions

Health Status - Percentage of adults reporting general health as fair or poor

Exercise - Percentage of adults reporting doing no leisure time exercise or physical activity in the past 30 days

Diabetes - Percentage of adults told by doctor they have diabetes

Flu Vaccination - Percentage of adults aged 65 or older reporting not having had a flu shot within the past 12 months

Current Smoking - Percentage of adults reporting having smoked at least 100 cigarettes in their lifetime and currently smoke

Binge Drinking - Percentage of adults reporting having five or more drinks on an occasion, one or more times in the past month

Obesity - Percentage of adults reporting Body Mass Index greater than or equal to 30.0

* Metropolitan statistical area - Group of counties that contain at least one urbanized area of 50,000 or more inhabitants. Micropolitan statistical area - Group of counties that contain at least one urban cluster of at least 10,000 but less than 50,000 inhabitants. Metropolitan Division - Smaller group of counties within a metropolitan statistical area which contains 2.5 million or more inhabitants. (Source: U.S. Office of Management and Budget)

The SMART BRFSS data and prevalence tables are located at <http://apps.nccd.cdc.gov/brfss-smart/index.asp>.

The BRFSS Maps are located at <http://apps.nccd.cdc.gov/gisbrfss/default.aspx>