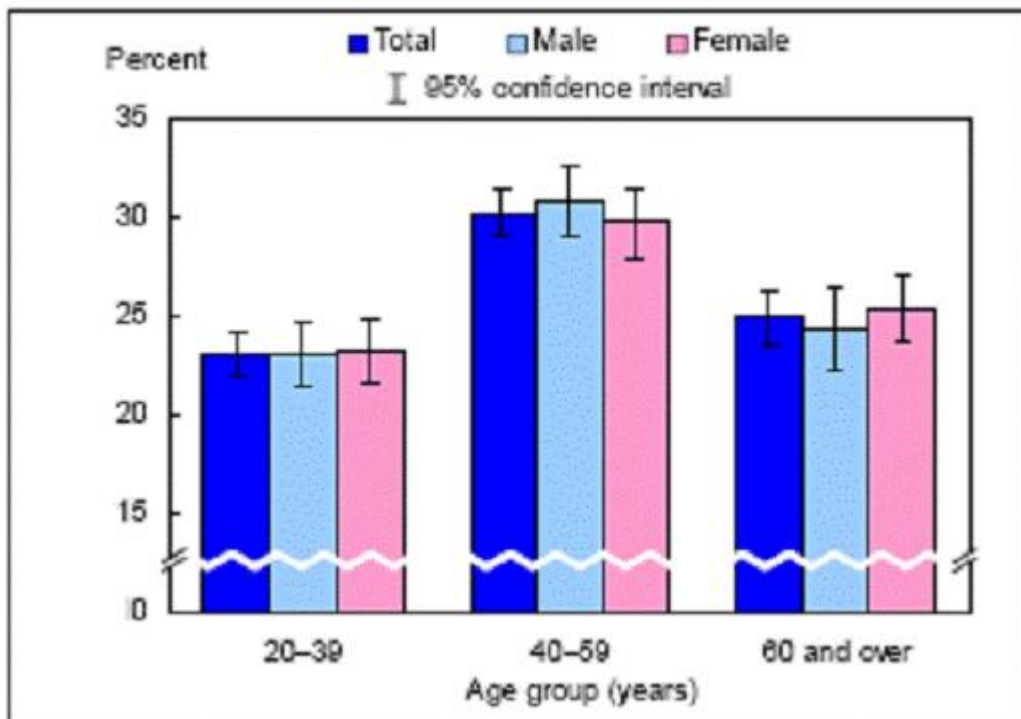
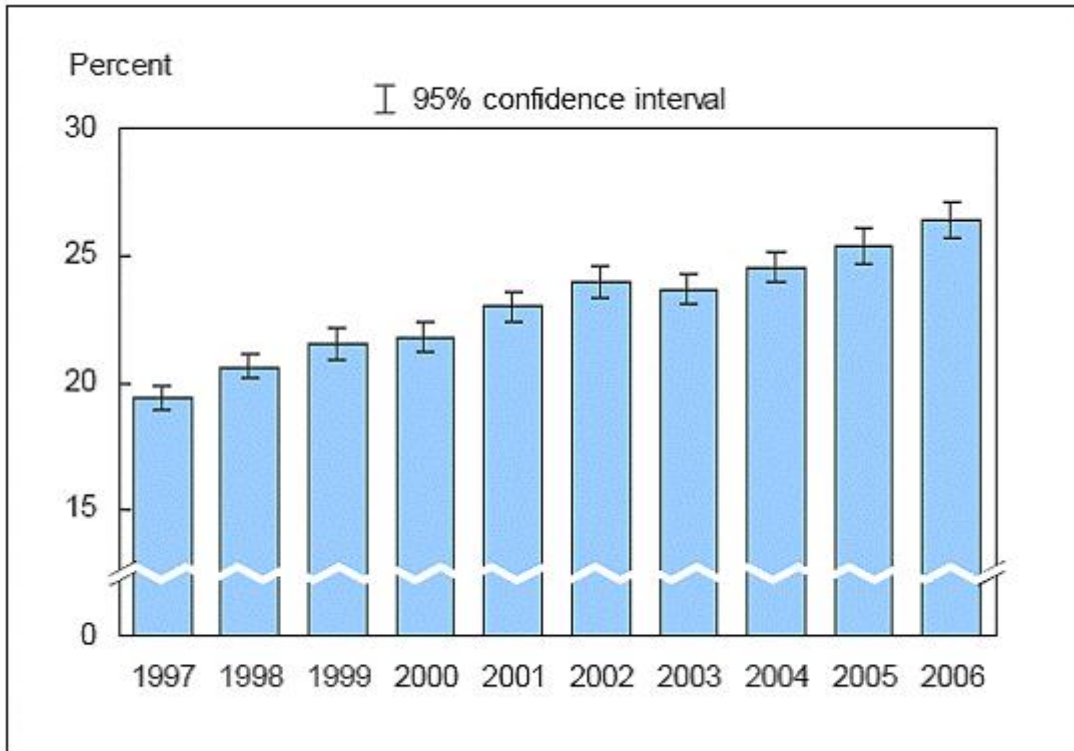




EARLY RELEASE OF OBESITY DATA: **Prevalence of obesity among adults aged 20 years and over: United States, 1997– 2006**

Barnes P, Schiller JS. (June, 2007). Early release of selected estimates based on data from the 2006. National Health Interview Survey. National Center for Health Statistics.
<http://www.cdc.gov/nchs/nhis.htm>.

**Prevalence of obesity among adults aged 20
years and over: United States, 1997–2006**



NOTES: Obesity is defined as a Body Mass Index (BMI) of 30 kg/m^2 or more. The measure is based on self-reported height and weight. The analyses excluded people with unknown height or weight (about 4% of respondents each year). Beginning with the 2003 data, the National Health Interview Survey (NHIS) transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census.

DATA SOURCE: Sample Adult Core component of the 1997-2006 NHIS. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

The National Center for Health Statistics (NCHS) released updated data for estimates for 15 selected health measures based on data from the 2006 National Health Interview Survey (NHIS) and presents estimates from 1997 through 2005 for comparison. The 15 measures included are lack of health insurance coverage and type of coverage, usual place to go for medical care, obtaining needed medical care, receipt of influenza vaccination, receipt of pneumococcal vaccination, **obesity**, leisure-time physical activity, current smoking, alcohol consumption, human immunodeficiency virus testing, general health status, personal care needs, serious psychological distress, diagnosed diabetes, and asthma episodes and current asthma

According to NCHS:

- In 2006, 26.4% (95% confidence interval = 25.62-27.09%) of U.S. adults aged 20 years and over were obese, which was higher than the 2005 estimate of 25.4%.
- The annual prevalence of obesity among U.S. adults aged 20 years and over has increased over time from 19.4% in 1997 to 26.4% in 2006. The estimate in 2003 was lower than, but not significantly different from, the estimates in 2002 and 2004.
- For both sexes combined, the prevalence of obesity was higher among adults aged 40-65 years (30.3%) than among adults aged 20-39 years (23.1%) and 60 years and over (24.9%).

For more information please visit: <http://www.cdc.gov/nchs/nhis.htm>.

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